PHYSICAL THERAPY PROCEDURE CODES

For Services by Independent Physical Therapists, including Group Practices, Not in Rehabilitation Centers

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Instructions for Use of Codes and Explanation of Table Headings

The list which follows describes physical therapy services covered by Utah's Medicaid program and conditions of coverage.

NOTES: Coverage and the prior authorization requirements apply **ONLY** for a Medicaid client (1) assigned to a Primary Care Provider or (2) <u>not</u> enrolled in a managed care plan. The list is updated by Medicaid Information Bulletins until republished in its entirety.

Below is an explanation of the column headings on the table.

CODE For use only by physical therapists NOT associated with a rehabilitation center.

COMMON DIAGNOSIS OR COMPLICATION

These are common accompanying diagnoses or complications

AGE All means Medicaid covers the services from birth through any age.

TYPES OF

PHYSICAL THERAPY

Lists approved therapies covered by Medicaid for the diagnosis.

PA means Prior Authorization. The entry of W means written prior authorization is

required by Medicaid.

COMMENTS The average number of treatments and duration are stated. More than 20 treatment visits

require written prior authorization.

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AMPUTATION - LOWER EXTREMITY

CODES	COMMON DIAGNOSIS OR COMPLICATIONS	AGE	TYPES OF PHYSICAL THERAPY	P A	COMMENTS
T1015	 Diabetes Peripheral Vascular Disease Neuroma Adhesions Infection Decreased range of motion Congenital deformity 	all	1) Stump healing management, i.e. bandaging, supervised whirlpool must be related to treatment goals, therapeutic exercise 2) Balance and coordination and strength-building therapeutic exercise, gait training 3) Prosthetic training, including strengthening, ROM, home environment evaluation equipment measurement and fitting	W	Average number of treatments: 24 Average duration of treatment: 3 months at every stump revision or new prosthesis Complications often interrupt treatment, extending duration of program. Stump shrinkage and abrasions may prolong or alter regimen as will stump revision or new prosthesis.

AMPUTATION - UPPER EXTREMITY

CODES	COMMON DIAGNOSIS OR COMPLICATIONS	AGE	TYPES OF PHYSICAL THERAPY	P A	COMMENTS
T1015	AdhesionsNeuromaContracturesinfection	all	Prosthetic training, ADL, bandaging, therapeutic exercise	W	Average number of treatments: 20 - 24 Duration of treatments: 4 months

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AMYOTROPHIC LATERAL SCLEROSIS

CODES	COMMON DIAGNOSIS OR COMPLICATIONS	AGE	TYPES of PHYSICAL THERAPY	P A	COMMENTS
T1015	Decreased range of motion muscular weakness respiratory problems peripheral and central nerve paralysis spasticity oral motor swallowing problems	all	Exercise gait training, postural drainage, ADL, patient/family education, measurement and fitting for equipment, home environment evaluation, supervised pool and aquatic treatment must be related to treatment goals	W	Average number of treatments: 30 Average duration of treatment: 4 months

ARTHRITIS (Gout, Rheumatoid, Osteoarthritis)

CODES	COMMON DIAGNOSIS OR COMPLICATIONS	AGE	TYPES of PHYSICAL THERAPY	P A	COMMENTS
T1015	 Pain deformities ankylosing spondylitis (Marie- Strumpell's) contracture muscular weakness 	all	Therapeutic exercise, but virtually any modality. Gait training, ADL activities, supervised pool or hydrotherapy must be related to treatment goals, patient education, equipment measurement and fitting, home environment evaluation	W	Average number of treatments: 30 Average duration of treatments: 3 months

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OSTEOARTHRITIS (DEGENERATIVE)

CODES	COMMON DIAGNOSIS OR COMPLICATIONS	AGE	TYPES of PHYSICAL THERAPY	P A	COMMENTS
T1015	 Pain obesity osteoporosis contractures muscular weakness joint instability leading to deformity paresthesia 	all	Therapeutic exercise, gait training, ADL training, supervised pool or hydrotherapy, must be related to treatment goals, patient education	W	Average number of treatments: 4 - 10 Average duration of treatment: 2 weeks

BELLS PALSY

CODES	COMMON DIAGNOSIS OR COMPLICATIONS	AGE	TYPES of PHYSICAL THERAPY	P A	COMMENTS
T1015	Pain muscular weakness paralysis fibrosis oral motor pathology	all	Infra red, electrical stimulation, hydrocollator packs, therapeutic exercise, massage, related to treatment goals, swallowing and feeding treatments	W	Average number of treatments: 16 Average duration of treatments: 6 weeks.

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BIRTH DEFECTS

CODES	COMMON DIAGNOSIS OR COMPLICATIONS	AGE	TYPES of PHYSICAL THERAPY	P A	COMMENTS
T1015	Spina bifida osteogenesis imperfecta paraplegia hydrocephalus scoliosis musculoskeletal deformity osteoporosis leg length discrepancy muscular imbalance decreased range of motion gait deviation muscular weakness contractures joint instability kidney disease. cerebral palsy other genetic syndromes	all	Therapeutic exercise, ADL, neurodevelopmental therapy, gait training, supervised hydrotherapy must be related to treatment goals, bracing, tilt table, adaptive equipment, kinesthetic treatment evaluation	W	Average number of treatments: 60- 90 (after each surgery) Average duration of treatments: 9 months -2 years Emphasis on independence in ADL's and gait, parent and patient education, progression of treatment related to neuro-developmental maturation and advancement. Initial treatment: intensive (Approximately two months after each surgery) then reducing frequency. * More deformity develops as bones grow at a faster rate than muscles causing muscle contractures and more gait disturbances-on going until growth is complete.

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BRAIN DAMAGE (other than Cerebral Vascular Accident)

CODES	COMMON DIAGNOSIS OR COMPLICATIONS	AGE	TYPES of PHYSICAL THERAPY	P A	COMMENTS
T1015	Anoxia, encephalitis meningitis aneurysm tumor clot hemorrhage hydrocephalus contusion concussion decreased range of motion muscular weakness decubiti incontinence infection perceptual deficit decreased balance spasticity confusion and disorientation ataxias athetosis	all	Therapeutic exercise, neurodevelopmental therapy, ADL, gait training, bracing, patient and family education, home environment evaluation, equipment measurement and fitting, kinaestheic treatment supervised pool and hydrotherapy must be related to treatment goals	w	Average number of treatments: 48 Average duration of treatments: 12 months This is a life altering insult. Emphasis is placed on both physical and mental healing to reintegrate the patient into society. Keep independent.

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BURNS

CODES	COMMON DIAGNOSIS OR COMPLICATIONS	AGE	TYPES of PHYSICAL THERAPY	P A	COMMENTS
T1015	 infection dehydration contractures pain muscular weakness surgery amputation disfigurement. 	all	Therapeutic exercise, massage, ultra - sound, debridement, supervised hydrotherapy must be related to treatment goals, bandaging, gait training, ADL, scar management, patient and family education	W	Average number of treatments: 24 Average duration of treatments: 2 months Initially acute until wound covering is achieved. Surface area and degree of burn will dictate concentration and duration of treatment. Many plastic revisions.

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BURSITIS

CODES	COMMON DIAGNOSIS OR COMPLICATIONS	AGE	TYPES of PHYSICAL THERAPY	P A	COMMENTS
T1015	Decreased ROM pain muscular weakness	all	ADL, therapeutic exercise	W	Average number of treatments: 12 Average duration of treatments: 1 month Decrease in range of motion often leading to contracture or "frozen"joint, which could lead to prolonged treatment.

CERVICAL RIB SYNDROME THORACIC OUTLET SYNDROME SCALENUS ANTICUS SYNDROME

CODES	COMMON DIAGNOSIS OR COMPLICATIONS	AGE	TYPES of PHYSICAL THERAPY	P A	COMMENTS
T1015	 Pain and numbness in arm and hand neurological deficit muscular weakness decreased range of motion 	all	Therapeutic exercise	W	Average number of treatments: 16 Average duration of treatments: 6 weeks Home instruction important.

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CHEST SURGERY

CODES	COMMON DIAGNOSIS OR COMPLICATIONS	AGE	TYPES of PHYSICAL THERAPY	P A	COMMENTS
T1015	 Cancer pacemaker open heart surgery atelectasis pneumonia bronchitis congestive heart failure 	all	Breathing exercises, postural drainage, vibrations, percussions, therapeutic exercise, gait training, upper extremity range of motion, patient and family education, endurance	W	Average number of treatments: 15 Average duration of treatments: 1 month

CHRONIC OBSTRUCTIVE LUNG DISEASE

CODES	COMMON DIAGNOSIS OR COMPLICATIONS	AGE	TYPES of PHYSICAL THERAPY	P A	COMMENTS
T1015	 Emphysema bronchitis asthma pneumonia atelectasis cancer sarcoidosis bronchiectasis 	all	Postural drainage, vibrations, percussion, breathing and endurance exercises	W	Average number of treatments: 15 Average duration of treatment: 1 month

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CVA - HEMIPLEGIA

CODES	COMMON DIAGNOSIS OR COMPLICATIONS	AGE	TYPES of PHYSICAL THERAPY	P A	COMMENTS
T1015	 Diabetes peripheral vascular disease decreased sensation spinal cord injury any other immobilizing disease or condition 	all	ADL, gait training modalities, evaluation, electrical stimulation, equipment evaluation and fitting, home environment evaluation.	W	Average number of treatments: 30 Average duration of treatment: 3 month Chronic This can result in a life altering insult. Emphasis is placed on physical and mental healing to reintegrate the patient into society.

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DECUBITUS ULCER

CODES	COMMON DIAGNOSIS OR COMPLICATIONS	AGE	TYPES of PHYSICAL THERAPY	P A	COMMENTS
T1015	Diabetes peripheral vascular disease decreased sensation spinal cord injury any other immobilizing disease or condition	all	Wound care, equipment evaluation, and fitting	W	Average number of treatments: 36 Treatment duration varies according to size and location of lesion Average duration of treatments: 4 months Physical therapy may be utilized intermittently.

DEGENERATIVE OR TRAUMATIC DISC DISEASE

CODES	COMMON DIAGNOSIS OR COMPLICATIONS	AGE	TYPES of PHYSICAL THERAPY	P A	COMMENTS
T1015	Pain decreased range of motion numbness muscle weakness	all	Therapeutic exercise, gait training	W	Average number of treatments: 18 Average duration of treatments: 6 weeks

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EPICONDYLITIS

CODES	COMMON DIAGNOSIS OR COMPLICATIONS	AGE	TYPES of PHYSICAL THERAPY	P A	COMMENTS
T1015	 Pain decreased range of motion muscular weakness neurological deficit 	all	Therapeutic exercise	W	Average number of treatments: 10 Average duration of treatments: 2-4 weeks Prolonged treatment not indicated.

FRACTURED HIP

CODES	COMMON DIAGNOSIS OR COMPLICATIONS	AGE	TYPES of PHYSICAL THERAPY	P A	COMMENTS
T1015	 Muscular weakness osteoporosis pain decreased range of motion infection thrombo-phlebitis osteomyelitis vascular necrosis 	all	Gait training, therapeutic exercise, supervised hydrotherapy must be related to treatment goals, tilt table, ADL, strengthening, increased ROM	W	Average number of treatments: 30 (non - weight bearing) 16 (weight bearing) Average duration of treatments: 3 months (NWB) 6 weeks (WB)

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FRACTURE - LOWER EXTREMITY

CODES	COMMON DIAGNOSIS OR COMPLICATIONS	AGE	TYPES of PHYSICAL THERAPY	P A	COMMENTS
T1015	 muscular weakness edema thrombo-phlebitis infection osteomyelitis neurological deficit decreased range of motion 	all	Gait training, therapeutic exercise, supervised hydrotherapy must be related to treatment goals, tilt table, ADL, strengthening, increased ROM	W	Average number of treatments: 20 Average duration of treatments: 10 weeks The closer the fracture is to a joint, the greater the complication potential and subsequent intensity and duration of treatment. Fracture: ANKLE16 treatments FEMUR16 treatments

FRACTURE - UPPER EXTREMITY

CODES	COMMON DIAGNOSIS OR COMPLICATIONS	AGE	TYPES of PHYSICAL THERAPY	P A	COMMENTS
T1015	Decreased range of motion vascular insufficiency muscle weakness	all	Therapeutic exercise	W	Average number of treatments: 24 Average duration of treatments: 2 months WRIST - 16 treatments

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GUILLAIN-BARRE' SYNDROME

CODES	COMMON DIAGNOSIS OR COMPLICATIONS	AGE	TYPES of PHYSICAL THERAPY	P A	COMMENTS
T1015	Pain decreased range of motion joint instability muscular weakness decubiti contractures respiratory difficulties decreased endurance	all	Therapeutic exercise, ADL, gait training, pulmonary hygiene, supervised pool therapy must be related to treatment goals, patient education, home environment evaluation, equipment measurement and fitting	W	Average number of treatments: 24 Average duration of treatments: 3 months Emphasis on instruction and teaching by the therapist to establish independence. This disease may be manifested in an acute or chronic syndrome.

LYMPHEDEMA

CODES	COMMON DIAGNOSIS OR COMPLICATIONS	AGE	TYPES of PHYSICAL THERAPY	P A	COMMENTS
T1015	 Pain decreased range of motion muscular weakness edema 	all	Therapeutic exercise, equipment measurement and stockings or equivalent, ADL.	W	Average number of treatments: 16 Average duration of treatments: 6 weeks Emphasis on instructions in procedures to be used at home.

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MASTECTOMY

CODES	COMMON DIAGNOSIS OR COMPLICATIONS	AGE	TYPES of PHYSICAL THERAPY	P A	COMMENTS
T1015	 Adhesions edema muscular weakness decrease in motion peripheral nerve pressure pain shoulder-hand syndrome 	all	Equipment measurement or equivalent, therapeutic exercise pneumatic compression.	W	Average number of treatments: 16 Average duration of treatments: 6 weeks Emphasis should be placed on home program from hospital

MULTIPLE SCLEROSIS

CODES	COMMON DIAGNOSIS OR COMPLICATIONS	AGE	TYPES of PHYSICAL THERAPY	P A	COMMENTS
T1015	Limited range of motion incoordination imbalance muscular weakness spasticity decubiti pain incontinence ataxia	all	Therapeutic exercise, gait training, ADL, supervised pool or hydrotherapy must be related to treatment goals, equipment measurement and fitting, home environment evaluation	W	Average number of treatments: 30 Average duration of treatments: 4 months Used intermittently as indicated by exacerbation and remission. Therapy for this diagnosis should be directed toward supervision and home program construction.

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MUSCULO-LIGAMENTOUS STRAINS AND SPRAINS

CODES	COMMON DIAGNOSIS OR COMPLICATIONS	AGE	TYPES of PHYSICAL THERAPY	P A	COMMENTS
T1015	Pain decreased range of motion muscular weakness spasm fracture	all	Therapeutic exercise. gait training, bracing, bandaging	W	Average number of treatments: 12 Average duration of treatments: 1 month

MYOCARDIAL INFARCT

CODES	COMMON DIAGNOSIS OR COMPLICATIONS	AGE	TYPES of PHYSICAL THERAPY	P A	COMMENTS
T1015	 Thrombo -phlebitis arteriosclerotic heart disease hypertension muscle weakness pulmonary infarction decreased activity tolerance. 	all	ADL, gait, therapeutic exercise, endurance training, patient education	W	Average number of treatments: 16 Average duration of treatments: 2 months

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MYOSITIS

CODES	COMMON DIAGNOSIS OR COMPLICATIONS	AGE	TYPES of PHYSICAL THERAPY	P A	COMMENTS
T1015	Pain decreased range of motion muscle weakness	all	Therapeutic exercise	W	Average number of treatments: 15 Average duration of treatment: 4 weeks

NEURITIS OR NEURALGIA

CODES	COMMON DIAGNOSIS OR COMPLICATIONS	AGE	TYPES of PHYSICAL THERAPY	P A	COMMENTS
T1015	 Intense pain decreased range of motion weakness 	all	Patient and family education	W	Average number of treatments: 16 Average duration of treatments: 3-4 weeks

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NEURODEVELOPMENTAL DEFICIT

CODES	COMMON DIAGNOSIS OR COMPLICATIONS	AGE	TYPES of PHYSICAL THERAPY	P A	COMMENTS
T1015	 Cerebral palsy, birth trauma, high risk infancy birth anoxia, developmental delay spasticity hypotonia hypertonia decreased range of motion gait deviation muscular weakness joint instability impaired cognitive function athetosis ataxia genetic syndromes chromosomes abnormality 	all	Neurodevelopmental therapy. kinesthetic treatment, therapeutic exercise, supervised hydrotherapy must be related to treatment goals, bracing, splinting, ADLs, gait training, mobility training, gross and fine motor skills, coordination, cognitive training, adaptive equipment training.	W	Average number of treatments: 50- 100 Average duration of treatments: 12 months to 3 years on going. Emphasis on achieving independence in gait, ADL's, mobility skills, instruction to parent and patient, progression of treatments related to neuro - developmental maturation and advancement. Initial treatment: Intensive (approximately two weeks), then reducing frequency Deformity (ROM-contractures-gait disturbances etc) as muscles don't keep up with bony growth. New equipment needs ADL;s as child grows. After each surgical intervention-therapy needs to be more intensive then reduced - this is on going. With cerebral palsy therapy prevents further deformity and is chronic in nature

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PARAPLEGIA AND QUADRIPLEGIA

CODES	COMMON DIAGNOSIS OR COMPLICATIONS	AGE	TYPES of PHYSICAL THERAPY	P A	COMMENTS
T1015	 Limited range of motion osteoporosis decubiti kidney disease malnutrition bladder and kidney stones 	all	Therapeutic exercise, ADL, gait training, ultra-violet light, supervised hydrotherapy must be related to treatment goals, bracing, tilt table, home environment evaluation, equipment fitting and measurement (wheelchair, bath)	W	Average number of treatments: 48 Acute rehabilitation after initial diagnosis Emphasis on instruction and teaching by the physical therapist to establish independence.

PARKINSON'S DISEASE

CODES	COMMON DIAGNOSIS OR COMPLICATIONS	AGE	TYPES of PHYSICAL THERAPY	P A	COMMENTS
T1015	 Limited range of motion muscular weakness gait and posture problems pain decubiti 	all	Therapeutic exercise, ROM, gait training, supervised hydrotherapy must be related to treatment goals, bracing, tilt table, home environment evaluation, equipment fitting and measurement (wheelchair, bath)	W	Average number of treatments: 16 Duration of treatments: 1-2 months

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PERIPHERAL NERVE INJURIES

CODES	COMMON DIAGNOSIS OR COMPLICATIONS	AGE	TYPES of PHYSICAL THERAPY	P A	COMMENTS
T1015	Edema pain muscular weakness atrophy contracture	all	Bracing, therapeutic exercises	W	Average number of treatments: 20 Average duration of treatments: 2 months Emphasis on instruction and teaching by the therapist to establish independence. This disease may be manifested in an acute or chronic syndrome.

RECONSTRUCTIVE HAND SURGERY

CODES	COMMON DIAGNOSIS OR COMPLICATIONS	AGE	TYPES of PHYSICAL THERAPY	P A	COMMENTS
T1015	 Arthritis pai decreased motion, muscular weakness edema infection tendonitis 	all	Splinting, therapeutic exercise	W	Average number of treatments 36 Average duration of treatments: 3 months

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SCLERODERMA

CODES	COMMON DIAGNOSIS OR COMPLICATIONS	AGE	TYPES of PHYSICAL THERAPY	P A	COMMENTS
T1015	Ulcersdecreased ROMosteoporosisarthritispoor circulation	all	Therapeutic exercise, gait training, ADL activities, supervised pool therapy must be related to treatment goals.	W	Average number of treatments: 24 Average duration of treatments: 2 months

SYRINGOMYELIA

CODES	COMMON DIAGNOSIS OR COMPLICATIONS	AGE	TYPES of PHYSICAL THERAPY	P A	COMMENTS
T1015	Muscular weakness diminished sensation	all	Therapeutic exercise, gait training, ADL	W	Average number of treatments: 30 Average duration of treatments: 7 months Therapy should be directed toward program construction and supervision

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THROMBOPHLEBITIS

CODES	COMMON DIAGNOSIS OR COMPLICATIONS	AGE	TYPES of PHYSICAL THERAPY	P A	COMMENTS
T1015	 Ulcers muscular weakness edema pain hemorrhaging decreased range of motion amputation 	all	Supervised whirlpool must be related to treatment goals, Beurger Allen exercise, therapeutic exercise, equipment measurement, compression stockings or equipment, intermittent mechanical compression, gait training.	W	Average number of treatments: 4-10 Average duration of treatments: 2 weeks

TOTAL KNEE (FIRST TIME AND REVISION)

CODES	COMMON DIAGNOSIS OR COMPLICATIONS	AGE	TYPES of PHYSICAL THERAPY	P A	COMMENTS
T1015	Decreased range of motion pain vascular insufficiency muscle weakness	all	Therapeutic exercise	W	Average number of treatments: 20 Average duration of treatments: 6 weeks Knee Revision Average number of treatments: 36 Average duration of treatments: 2 months

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VARICOSE ULCER

CODES	COMMON DIAGNOSIS OR COMPLICATIONS	AGE	TYPES of PHYSICAL THERAPY	P A	COMMENTS
T1015	Amputationperipheral vascular diseasepain	all	Therapeutic exercises, bandaging, and debridement, gait training, prosthetic training.	W	Average number of treatments: 10 Duration of treatments: 6 weeks

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